

Table 1**Oral fluoride supplement dosage schedule**

Age	Fluoride Level in Drinking Water (ppm)		
	< 0.3 ppm	0.3-0.6 ppm	> 0.6 ppm
Birth-6 months	None	None	None
6 months-3 years	0.25 mg/d	None	None
3-6 years	0.5 mg/d	0.25 mg/d	None
6-16 years	1.0 mg/d	0.5 mg/d	None

Adapted from: American Dental Association. Oral Topics A-Z: Facts about Fluoride. Available at: www.ada.org//public/topics/fluoride/fluoride_article01.asp. Accessed Nov. 12, 2006.